

Aromatherapy Oils & Massage Diploma

This course is designed to allow the student to achieve an Internationally recognised qualification in Aromatherapy Massage.

Cost **£995** +VAT
Duration **see opposite**

Pre-Requisite - **Anatomy & Physiology.**
You may study this at the same time.



What are my options to study and achieve this diploma?

Day time or evening courses:

- 150 hours in total to complete the course

These are broken down into the following:

- 100 hours of classroom/salon practical - 3 hours per week for 33 weeks
- 50 hours of home study/assignment work

What will I be able to do when I have completed the Diploma?

Achievement of this diploma will enable you to practice as a Graduate Aroma therapist. You will be qualified to offer treatments using the benefits and effects of essential oils combined with a specialist massage to suit each client. (We say 'graduate' because aromatherapy is a subject that you keep on learning as new plants species are discovered... it is a fascinating subject!)

You will learn about the many medical conditions along with Aroma remedies and their effects.

You will learn:

- Consultation
- Philosophy of Complimentary Therapies
- History of Aromatherapy
- Olfactory System
- Chemistry of essential Oils
- Mixing and Blending of Oils
- Pathology
- Massage Movements
- Massage routine and adaptation
- After care & Home Care
- Anatomy & Physiology Revision

What to expect from your course:

- To work/practice in our training salon
- To attend theory lessons
- Home work, Assignments on core subjects
- Reading, we will provide a booklist
- To experience the treatments on yourself
- To adhere to the professional code of ethics
- To wear salon uniform and footwear
- To sit a practical examination and a multiple choice paper at the end of the course
- Exam fee's are to be paid at the end of the course

Other courses that you could do, include:
Reflexology, Indian Head Massage,
Thermal Auricular Therapy, Stone Therapy,
Shiatsu/Advanced Massage, Diet &
Nutrition, Stress Management, Counselling,
Reiki, Baby Massage, Sports Therapy &
Sports Massage.

