

## Body Electrical Therapy Diploma

This course is designed to allow the student to achieve an Internationally recognised qualification in Body Electrical Therapy.

Cost **£695** +VAT  
Duration **See opposite**

**Pre requisite** - Beauty Aesthetic Diploma, Anatomy and Physiology

**Achievement of this diploma will enable you to practice as a Holistic Therapist offering the complete range of Holistic treatments. You could obtain employment within a salon/health farm/cruise ships/specialised clinic, become self employed or graduate onto another course.**

The **part time** courses will run during the evening from 6pm until 9pm.

The **full course** will run Tuesday 9.30am - 4pm, Wednesday 9.30am -3pm for 5 weeks  
Students must attend both sessions each week.

### What to expect from your course:

- To work/practice in our training salon
- To attend theory lessons
- Home work, Assignments on core subjects
- Reading, we will provide a booklist
- To experience the treatments on yourself
- To adhere to the professional code of ethics
- To wear salon uniform and footwear
- To sit a practical examination and a multiple choice paper at the end of the course
- Exam fee's are to be paid at the end of the course
- You must provide six clients for case studies



### You will learn:

- Consultation
- Philosophy of electrical therapies
- Sauna & Steam
- Ultra violet
- Galvanic (iontophoresis)
- Vacuum suction
- Infra red
- Mechanical massagers - (gyratory & percussion)
- Neuro muscular electrical stimulation EMS(Faradic)
- After care & Home Care
- Client Care, GP referral, Basic Counselling
- Anatomy & Physiology

### What you will expect from the course:

- Figure analysis and justify why the treatments is needed
- Consultation / assessment: height, weight, figure measurements
- Body types - endomorph, ectomorph, mesomorph
- Fat distribution
- Use of a plumb line to identify the client's posture and any possible defects
- Describe the postural defects: Scoliosis, Lordosis, Kyphosis

**Other courses include:**  
Thermal Auricular Therapy, Stone Therapy,  
Shiatsu/Advanced Massage, Diet &  
Nutrition, Stress Management, Counselling,  
Reiki, Baby Massage, Sports Therapy  
& Massage

