

Body Massage Diploma

This course is designed to allow the student to achieve an Internationally recognised qualification in Body Massage.

Cost **£395** +VAT
Duration **See opposite**

Pre Requisite - Anatomy & Physiology Diploma
(study this at the same time).



What are my options to study and achieve this diploma?

Day time or evening

- 50 hours in total to complete the course

These are broken down into the following...

- 40 hours of classroom/salon practical- 3 hours per week for 16 weeks
- 10 hours of home study/assignment work

What will I be able to do when I have completed the Diploma?

Achievement of this diploma will enable you to practice as a Massage Therapist, offering the complete Body Massage Treatment. You could obtain employment within a salon/health farm/cruise ships/specialised clinic, become self employed or graduate onto another course.

You must provide six of your own clients for case studies.

Other courses include:
Thermal, Auricular Therapy, Stone Therapy,
Shiatsu/Advanced Massage, Diet &
Nutrition, Stress Management, Counselling,
Reiki, Baby Massage, Sports Therapy &
Sports Massage.

You will learn:

- Consultation
- Philosophy & benefits of Body Massage
- Body Massage routine and adaptation
- Massage of the legs/feet, arms/hands, back, torso and neck
- Recognition of injury & alignment
- After care & Home Care
- Anatomy & Physiology

What to expect from your course:

- To work/practice in our training salon
- To attend theory lessons
- Home work, Assignments on core subjects
- Reading, we will provide a booklist
- To experience the treatments on yourself
- To adhere to the professional code of ethics
- To wear salon uniform and footwear
- To sit a practical examination and a multiple choice paper at the end of the course
- Exam fee's are to be paid at the end of the course