

Holistic Therapy Diploma

This course is designed to allow the student to achieve an Internationally recognised qualification in Holistic Therapy.
Cost **£2,750** +VAT

Achievement of this diploma will enable you to practice as a Holistic Therapist offering the complete range of Holistic Treatments. You could obtain employment within a salon/health farm/cruise ships/specialised clinic, become self employed or graduate onto another course.



What are my options to study and achieve this diploma?

Part time - will run during the day(see timetable) or evening from 6pm until 9pm

Study each diploma separately

- Aromatherapy
- Reflexology
- Body Massage
- Anatomy & Physiology
- Indian Head Massage

Full time - will run Tuesday 9.30am - 4pm, Wednesday 9.30am -3pm & Thursday 1pm – 4pm

Students must attend all 3 sessions each week

- 500 hours in total
- 383 in the classroom/training salon
- 117 hours of course work and home study
- 33 wks at 15 hrs per week

You must provide nine clients for your practical sessions.

You will learn

- Consultation
- Philosophy of Complimentary Therapies
- Aromatherapy Diploma
- Body Massage Diploma
- Manual Lymph Drainage Massage Diploma
- Indian Head Massage Diploma
- Reflexology Diploma
- After care & Home Care
- Client Care, GP referral, Basic Counselling
- Anatomy & Physiology

What to expect from your course

- To work/practice in our training salon
- To attend theory lessons
- Home work, Assignments on core subjects
- Reading, we will provide a booklist
- To experience the treatments on yourself
- To adhere to the professional code of ethics
- To wear salon uniform and footwear
- To sit a practical examination and a multiple choice paper at the end of the course
- Exam fee's are to be paid at the end of the course

Other courses include:
Thermal Auricular Therapy, Stone Therapy,
Shiatsu/Advanced Massage, Diet &
Nutrition, Stress Management, Counselling,
Reiki, Baby Massage, Sports Therapy &
Massage

