

Reflexology Diploma

This course is designed to allow the student to achieve an Internationally recognised qualification in Reflexology.

Cost **£995** +VAT

Pre Requisite - Anatomy and physiology
(study at the same time)

Achievement of this diploma will enable you to practice as a Reflexologist. You will be qualified to offer treatments using the benefits and effects of Reflexology. As with any Complimentary Therapy Treatment, to be a master you must build up a patient/client portfolio of many different clients. This will broaden your knowledge of medical conditions. Reflexology has a positive effect on both client and practitioner.

What are my options to study and achieve this diploma?

Day time or evening courses

- 150 hours in total to complete the course

These are broken down into the following:

- 100 hours of classroom/salon practical- 3 hours per week for 33 weeks
- 50 hours of home study/assignment work

Impartial

- You must be prepared to study an additional six hours per week at home.
- You must be prepared to supply 12 clients for practical sessions.



You will learn:

- Consultation & Client Care
- Philosophy of Complimentary Therapies
- History of Reflexology
- Theory of Reflexology
- Treatment Routine
- Pathology
- Mapping of the Feet
- Anatomy & Physiology of the Hands & Feet
- After care & Home Care
- Anatomy & Physiology Revision

What to expect from your course:

- To work/practice in our training salon
- To attend theory lessons
- Home work, Assignments on core subjects
- Reading, we will provide a booklist
- To experience the treatments on yourself
- To adhere to the professional code of ethics
- To wear salon uniform and footwear
- To sit a practical examination and a multiple choice paper at the end of the course
- Exam fee's are to be paid at the end of the course

Other courses include:
Aromatherapy, Body Massage, Indian Head Massage, Thermal Auricular Therapy, Stone Therapy, Shiatsu/Advanced Massage, Diet & Nutrition, Stress Management, Counselling, Reiki, Baby Massage, Sports Therapy & Sports Massage.